

MT.MAGAZINE 15 k

June 5, 2010

8:00am

ONLY ONE HILL!

Start at the Havana School/Climb up Hwy 309/Finish at the First Overlook

Every runner who makes it to the top **wins a trophy** for overall Male & Female. No age group competition! Plenty of water and snacks will be available along the course with a feast of goodies on top of the mountain. **Transportation back to the start** will be provided after the awards ceremony. Run back down the mountain if you like, but carry your own water or hitch a ride, as aid will NOT be available.

Bring your old unwanted trophies to support this race next year!

You can also Shuttle your vehicle to the top before the race. Shuttle bus leaves the registration area at 7:00 sharp!

Havana is located on Hwy 10 southwest of Dardanelle. There are many ways to get there. Please refer to an Arkansas road map **for directions** to Havana, AR.

For **Mt. Magazine State Park info** and camping reservations please call 479-963-8502.

FEES: You may mail \$20.00 (check payable to River Valley Runners) to the following address for pre-registration. \$25.00 fee on race day.

Mount Magazine 15K
859 Stonegate Dr
Russellville, AR 72802
Phone: 479-970-4278
shern@suddenlink.net

WARNING! THIS COURSE IS NOT FOR BEGINNERS!

It climbs 2,000 ft. in 9.3 uncertified miles.

IT WILL BE HOT!

Runners under 18 must have a parent at the race.

Please circle your shirt size: S M L XL

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ AGE _____ SEX _____

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the River Valley Runners (RRCA), the city of Havana, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature _____ Date _____